



THE GREEK SEAFOOD EXPERT

**A SYSTEM
BOOSTER**

Strengthens cell
membranes & protects
against infections

TUNA SALAD

WITH CORN • MEDITERRANEAN • MEXICANA

Each **TRATA TUNA SALAD** is created using only the finest tuna fish from selected suppliers who must first meet our strict quality standards. At **TRATA**, we take extra care cleaning and pre-cooking fish and following all quality assurance guidelines during production, before enriching our salad recipes with fresh local ingredients for a wholesome and flavorful meal or snack.



**LOW ON
SATURATED FATS**



TUNA SALAD MEXICANA

With selected vegetables such as beans, corn, carrot, green and red peppers, the product created is tasty and nutritious, ideal for a "meze" or as a main dish.



TUNA SALAD WITH CORN

Thanks to the crispiness of kernel corn, mixed with carrots, peas, gherkins and black olives, this high-energy salad comes filled with texture as well as flavor.



MEDITERRANEAN TUNA SALAD

This unique recipe combines tuna with a selection of fresh ingredients such as mushrooms, green olives and caper as well as mustard sauce.



Tuna is a nutritious and non-fatty fish that is rich in proteins.
TRATA TUNA SALAD combined with vegetables
 is the ideal meal, full of vitamins and fibers,
 for a balanced and healthy diet.

